

BRIDGES

FASHION:

Woman's clothes reflect her travels across the continent **P. 10**

ON THE SCENE:

Broadway Street Fair attracts shoppers and strollers **P. 16**

WINE:

A wine that's perfect for the Friday family dinner **P. 29**

WEDNESDAY, SEPTEMBER 16, 2013

A STARPHOENIX COMMUNITY NEWSPAPER

A photograph of a man with a shaved head, smiling, sitting on a wooden stool. He is wearing a dark blue button-down shirt and khaki shorts. He is positioned in front of a green, vertically-pleated curtain. His right leg is extended forward, and his foot is resting on a dark surface, possibly a piano. The lighting is dramatic, with strong highlights and shadows.

EMBRACING LIFE

ALVIN LAW HASN'T
MET AN OBSTACLE
HE COULDN'T OVERCOME
P. 4

READ MY BOOK

LOCAL AUTHORS: Writers tell us what makes their book worth reading

ALISON LOHANS

No Place for Kids explores some dark issues

No Place for Kids (Wandering Fox Press, Heritage House Publishing, 2014), is the memoir of one of my books whose publisher went bankrupt more than a decade ago.

Originally written on the other side of the story for my *Mystery of the Lancelotti Criminal* (Scholastic Canada, 1990), this was very popular with the young reader set. *No Place for Kids* is a darker novel for ages 8-12 that addresses questions of homelessness, alcoholism and self-reliance in children who lack the family stability that is so often taken for granted in our society.

Native Sarah and Jim have lost their

room to master. Following this devastating blow, they lose their dad as well — to alcohol. No longer even with a place to live, they're welcomed by drifting seniors. Western Canada, hanging out with alcoholics 'backstage' of their father's neglected, always hungry and having Social Services, the seniors go on the run, trying to get down a Winnipeg flyhouse in Vancouver where they hope to meet up with their aunt. Braving illness, and with the younger Sarah, suddenly having to take charge for the first time ever, they get as far as Regina, where they meet someone meant to survive while trying to gather resources to continue their

dramatic journey.

The Wandering Fox line is a new Heritage House imprint featuring young adult and middle-grade fiction.

The original version of *No Place for Kids* won a finalist for the children's literature category of the 2005 Saskatchewan Book Awards. It was featured as the Canadian Children's Book Centre Our Choice, and set at a spot on the *Readers' Choice* list of 1999 list.

The book may be purchased from www.heritagehouse.com, www.booksonlines.com, Chapters, McNally Robinson and Amazon.



Nuts About Nature At Beaver Creek Conservation Area



Hi kids! My name's Chip, and I live at Beaver Creek Conservation Area. Visit my backyard with your family and friends and enjoy some time away from the city.



Dear Chip,
What does nocturnal mean and why are some animals called that?

JANE

Owls, raccoons and other nocturnal animals are active at night and sleep during the day. However, they don't stay awake in order to watch old reruns on their TV or go to parties like humans do. Instead, these animals perform their daily routines under the glow of the night sky. Scientists believe that prey species first got the idea when they found that there were fewer predators stalking them at night. Today predators like the cougars, foxes, coyotes and badgers look for their prey at night because they have special adaptations that allow them to see and move swiftly in darkness. For example, great horned owls have huge eyes with large pupils which are better at capturing light and allow them to see in the dark. Owls also have special feathers on their wings that make them silent while in flight. Deer hunt their prey using echolocation which uses the returning sound waves or echoes to determine the size, shape and distance of the prey. Join us at Beaver Creek on September 19th at 6 p.m. to learn about how you can help bats and other nocturnal animals and to get a chance to view the night sky with local astronomers!

Your questions are no at the address below, then watch Bridges for the answers

Meet our Chip

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Windsor and Kellogg 250 to 100
Beaver Creek Conservation Area
Email: meewasin@conservationarea.com



Meewasin



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Multi-talented speaker Alison Law packs up after a talk with students at Thomas R. Riley Secondary Calgary on Sept. 10. PHOTO BY LEAH HENNEL/CALGARY HERALD

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Alison Law's explores dark issues for youth in No Place for Kids

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Alvin Law was born without arms, one of the true legends of the early 1960s. His adoptive parents, teachers and wife didn't give up on him, and after becoming a fixture on *Tomorrow*, Law is now in demand around the world as a motivational speaker.

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Wondering what to do with more apples that you've got? Food writer Debra Rotstein has an idea for one option. PHOTO BY BRITT ASHLAND

BRIDGES COVER PHOTO BY LEAH HENNEL/CALGARY HERALD

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ON THE COVER

People take things for granted, and when you have no arms you tend not to do that.

— Alvin Law

ALVIN LAW

Story of perseverance shared around the globe

By Sean Trembath

Alvin Law believes in the power of positive attitude. He has built a career out of telling people to live the best life they can with the odds they have been dealt, just as he does.

"People take things for granted, and when you have no arms you tend not to do that," he says.

Despite growing up in an era where there was much less awareness and infrastructure for people with disabilities, Law shined in all aspects of life. Now in his 40s as a motivational speaker, he has brought his story to people on five continents.

In Saskatchewan, he enjoys a semi-regular status thanks to his appearances on *Telethon*. You might remember him playing the drums with his feet.

He isn't ashamed to trumpet his accomplishments, but at the same time he knows that everything he has done can largely be credited to the people who have helped him along the way — his adoptive parents, the teachers who didn't give up on him and his loving wife.

"When they accomplished, that to me is the essence of this story," he says.

...

Law was born in Yorkton in 1960. During his pregnancy, his mother was given thalidomide, a drug used to ease nausea and other symptoms for expectant mothers. At the time, no-one knew the consequences. Law and thousands more children would wake with limbs deformed or with limbs missing.

Law was given up for adoption at just five days old. Although he says teachers tell often gape when told this, he doesn't hold it against his birth parents. They were very poor and had two other children to take care of. Also, had they not done so, he never would have fallen into the care of the Laws, a Yorkton couple who raised him to embrace the things he was capable of.



Alvin Law talks with students at Thomas O' Riley School in Calgary. Law came to the attention of the public through *Telethon*. PHOTO BY LEAH HENNING/CALGARY HERALD

I wasn't being hidden in a basement, or shut up in a room. — Law

Illustration by David P. Johnson

From an early age, his adoptive parents forced him to learn self-control. They taught him to do almost anything with his feet.

"My mom was brilliant. She would make me do things like stand a needle, or sew buttons on a ring, to give me dexterity in my feet," Law says.

They also made sure he was a part of the community making friends with other kids.

"I wasn't being hidden in a basement, or shut up in a room," he says.

The family lived across the street from a school in Yorkton, so he seemed natural he would go there. But this was the 1960s, and the public school system wasn't used to dealing with children with disabilities.

"Kids like me went to special needs building or to. That's what they were. There wasn't a curriculum, they were more like day camps," Law says.

His parents weren't having that. They were adamant he had to go to school with the rest of his friends, and he attended the same opportunities.

"It was my dad who ended up talking to the principal and basically saying, 'Look, we don't know what he is capable of,'" Law says.

He did well in school. The other children already knew him from around town so he doesn't remember being bullied until later, when he moved to middle school. Even then, he chalks the teasing up to standard adolescent stuff. It passed quickly once he gained more confidence and showed what he could do.

"It just amazed me how he could get around," says Ron Sherman, a former guidance counselor and principal at Law's high school.

In particular Sherman remembers Law's positive attitude.

"He was always happy. I never saw ever remember him being upset about anything," Sherman says.

Law credits his father with teaching him that anger was never the right path. It's something he carries through to this day as he speaks to crowds.

"I'm not up on stage becoming my life. I'm celebrating my life," he says.

It was during his high school



Allen Law at 18 months (left) and at 18 years of age. He says he was forced to learn to be self-sufficient. Photos courtesy of Allen Law



Allen Law at 18 months (left) and at 18 years of age. He says he was forced to learn to be self-sufficient. Photos courtesy of Allen Law



years that Law first came into the public spotlight. He was attending Group Easter Seals, which caters to children with disabilities. A CBC television cover came out to do a news story and got footage of Law shooting a bow and arrow with his feet.

The day after the story aired in 1968, Law was recruited as the Easter Seals' "Tennis" in an advertisement

position, for the next year.

As fate would have it, 1977 was the first year for Telethon. His work as a Tennis made him a natural choice for the program. People all over the province saw him play the drums alongside Brian Sker and Prairie Fire.

"A lot of people had never seen that," Law says. For a time, he thought he would

become a musician. He was able to play trombone with the help of a special stand that attached to a desk, and was even selected as first chair for the all-star band at a national high school concert. Then, there was interest from some American universities, and talk of scholarships.

A conversation with Sherman got him thinking in a different direction.

"He said I should think about getting a job where having me was going to be uneventful. What we came up with was broadcasting," Law says.

He attended Mount Royal in Calgary. Ben moved to Regina and worked as a radio DJ, flipping vinyl records. He liked the job, but would soon switch careers and head down the path to the career he still has today.

Law started working with the Saskatoon Abilities Council in 1982. The UN had declared it the International Year of Disabled Persons, and Law was hired to speak at schools.

Then, in 1985, Yorkton hosted Canada's first ever national youth leadership conference. As a former resident, Law was a natural choice for the program.

"The people there really thought he was something else. That was kind of the springboard to everything he is doing now," Sherman says.

His name started spreading. In 1986, Law decided to become a full-time professional speaker.

Continued on Page 6

The people there really thought he was something else. That was kind of the springboard to everything he is doing now.

—Ken Sherwin

He was successful enough to get by, but had some trouble with the business side of things. In an era before the Internet, he found it hard to coordinate everything while being on the road so much.

"My reputation was getting out there that I was a really good speaker or if you could track me down," he says.

A turning point came in 1996 when he met Darlene, who is now his wife. She had seen him speak at a conference in Alberta and was introduced when they were hanging out with mutual friends afterward.

"I think what got me more than anything was his total acceptance of who and what he was," Darlene says.

"There's able-bodied people who are not that comfortable with who they are."

They moved quickly. They met in Markham, went on their first date in June and married in October. They were married in 1995.

Darlene, who describes herself as very organized, saw immediately that she could help Law with the business side of his career.

"The first time I went to his place I noticed a large pile of paper on his living room floor. When I started looking through it I realized it wasn't just mail. There was invitations to speak, contracts, cheques, everything," she says.

As good as Law is at stage, that's how bad he was with the whole business thing.

She took over the management side, and they have never looked back. Law went from spending almost exclusively for students to teachers as consultants, then other associations, then corporations and conferences. They moved to Calgary in 2008 and Law joined the Canadian Association of Professional Speakers.

Meanwhile he was working on writing his life story, an 11-year process he says was the hardest thing he has ever done. Here too, Darlene was instrumental. He gave her his first manuscript, which weighed in at 600 pages.

"She read it and said it was horrible," Law says, laughing.

Darlene encouraged him to find the same voice he uses on stage. He



Ken Law puts up a book with his foot during his talk with students at Thomas H. Riley School in Calgary. PHOTO BY GARY HENRIKSSON/ALBERTA PRESS

ended in 2009; he published Law's Laws of Life, which recently went for its seventh print run.

Law says he has done more than 2,000 speaking engagements. He does around 200 a year and spends about 275 days a year traveling.

"What I have found most fascinating in my story is universal," he says.

"I can go to Thailand, and use a translation, and they appreciate my

story just as much as if I'm in Toronto."

...

Law tries to make his presentations less about his disability and more about positivity. He is sometimes self-conscious about the show-offness of playing drums or the piano with his feet, but understands the value it provides for his message.

"What people always say is, 'Well, if you can do that, what's my excuse?'" he says.

He has no intention of slowing down. Traveling and speaking are what he loves to do.

"That's all I can hope for, is to continue to do this until the end of my life," Law says.

Although much of his program stays the same, there is polish and evolution that comes from his life

experience.

"I'm a more mature version of Alvin Law, and I think as time goes by that will only grow," he says.

As long as he is able, Law hopes to use his personal story of perseverance to help others make the best of their own lives.

"It's a very big responsibility that I've never taken lightly," he says.

sherwin@calgaryherald.com
twitter.com/kensherwin

IN THE CITY

SEPTEMBER 13, 2015 — 12:35 P.M.

Soccer celebration



The University of Saskatchewan/Haskins celebrates a goal against the University of Winnipeg Women in CIS soccer action on Sunday. (Photos by Luke Richards)

RECIPE

* APPLES

Baked galette brings smell of fall into kitchen

By Renee Kohlman

There's nothing like coming home from work and finding a basket of apples on your front step. A friend dropped them off recently after from her prolific apple tree. When I called to thank her she asked if I could take some more. Getting a taste of peace in her room. I happily said yes.

They were beautiful apples, sweet, juicy and delicious. So there I was with about 10 pounds of apples, making my house smell like an orchard. Now I began to panic. While these are lovely eaten out of hand, occasionally eating

apples I soon began panicking them off on friends who I asked me over for dinner and my cousin who helped set up my new computer. They too were happy to get the apples. Full circle, see?

These left behind I tucked into my croquer for snacking or baking with later. This past weekend I cooked about four quarts of spiced apple butter. Saffroned as a sauce, it's the most stuff. And just but not just this fast happened.

Now don't get me wrong, I love pie. I love pie that some times you just don't feel like all that rolling and filling and double crusting. That's why I

love the rustic simplicity of galettes. The pressure to be pretty and perfect is off. Simply roll out your pastry on a flat with an almond paste, top with sliced and spiced apples, fold over the edges and that's it. Baking time is your choice.

When it's almost finished baking, drizzle some delicious delicious dulce de leche on top and let it bake some more. It adds the richness of caramel, without actually having to make caramel. I seasoned my apples with star anise, cardamom and cinnamon, but feel free to substitute nutmeg, cloves and allspice if that is more to your liking.



Apple and Almond Galette with Dulce de Leche. PHOTO BY RENEE KOHLMAN

BREAKING NEWS

EVERY DAY IN THE

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RECIPE

I encourage you to wholeheartedly embrace the small, the sweet, the soft and the true. I also encourage you to serve this with a smorg of two of your favorite ice creams while it is still warm. Doubt is in. Just before you pop it in, it makes a darn fine breakfast, too. Just add a smorg or two of plain yogurt, if you have an issue with guilt.

Apple and Almond Galette with Dulce de Leche

Pastry
 > 1 1/2 cups all purpose flour
 > 1/2 tsp salt
 > 1/2 cup unsalted butter, chilled and cubed (I always use 1/2 lb sticks)
 > 1/4 cup ice-cold water
 > 1 large egg white
 > 1/2 tsp powdered sugar 1/4 tsp ground almonds
 > 4 tbsp melted butter 1/2 tsp oil mixed extract

> 2 apples, peeled, cored and thinly sliced
 > 2 tbsp fresh lemon juice
 > 3 tbsp brown sugar
 > 7 tsp ground cinnamon
 > 10 tsp ground cardamom
 > 1/4 tsp salt
 > 2 tbsp cane sugar
 > 4 tsp unsalted butter
 > 2 1/2 tsp Dulce de Leche

Doughnuts
 To prepare pastry in a large bowl stir together flour and salt. Cut in cubed butter until pea-sized bits remain. In a measuring cup, heat to gather the egg and ice water. Make a well in the flour mixture and dump in the egg. Stir with a fork until it comes together in a shaggy ball. Add more ice water if needed. Lightly dust counter with flour and shape the pastry into a ball. Cut in half and shape each half into a

disc. Wrap in plastic and chill for one hour. Only need one disc of pastry for this recipe. Freeze the other half for another use.

In a small bowl, whisk egg white and powdered sugar together in a frothy stir. In ground almonds, melted butter and almond extract. Refrigerate while preparing rest of recipe.

In a large bowl, stir together apples, lemon juice, rest, spices and salt. The spurge spurge are evenly coated on apples.

Preheat oven to 375 F. On a lightly floured surface, roll out the pastry to a 15-inch diameter circle. Fold in half and carefully place on a parchment-lined baking sheet. Spread almond cream over pastry, leaving a 1-inch border. Arrange apple slices in a concentric circle (you may have a few left over). Sprinkle with cane sugar and dot with butter. Fold edges over



Apples should be peeled, cored and thinly sliced. *Photo by Kristin Kowalski*

apples and bake for 30-35 minutes until crust is golden brown on the middle rack of your oven. Remove from oven and drizzle the Dulce de Leche on top of apples. Return to oven for another 5 minutes. Re-

move, and using a pastry brush gently spread the melted Dulce de Leche evenly around apples. Let it rest on baking sheet for 30 minutes, then let it cool on a wire rack. Makes 6 servings.

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BRA CLINIC

No Fitting Fee. No Shopping & Wandering & products available of the time of fitting for purchase.

WOMEN NEED TO KNOW ABOUT HEALTHY BRAS

Have you gone on a bra shopping trip, only to be frustrated, walking away empty handed? JeunIQUE International, founded in 1968, manufactures health bras based on the engineering of the Golden Gate Bridge (balanced load suspension). Shirley McInnes (International Executive Director), a Certified Bra Fitter, is coming to Saskatoon for a 3 day Bra Clinic. Based on the market with fits and lace may look nice, but they are not doing their job. (85% OF WOMEN ARE WEARING THE WRONG BRA!) A woman needs support from beneath the breast tissue. The Tab and the JeunIQUE/Laurique Bras both fit snug to full figure, sports, maternity and mastectomy - 200 sizes and 5 styles to choose from 33A - 49KK, no beanie, no wires to gouge or bruise or impeded lymphatic drainage and circulation. Does not ride up in the back or fall off the shoulders and promotes better posture. Switching to a custom fitted bra is like giving up a floppy pair of slippers for an orthotic shoe. Once women adjust to the uplift and snugness (a couple of weeks) you become a life-long client. Doctors, massage therapists, chiropractors often refer their patients to us.

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 For an appointment please call
 Shirley McInnes, The Bra Lady at 1-855-773-3434

FASHION

Have an outfit you've styled for an upcoming event?

Send a photo to bridges@thestaPhoenix.com

SASKATOON FASHION

A multi-city wardrobe

By Sean Trembath

Duffy Rose's chest is filled with items from all over Canada and the U.S.

Her work as a software engineer takes her to New York, Chicago, Vancouver and anywhere else a client needs help. She jokes that the travel has stoked her shopping addiction.

"I travel a lot to the U.S., and with the dollar it hasn't slowed down at all. It probably should but no, I'm still ridiculous at shopping," she says.

For this, every outfit starts with the footwear.

"I usually actually start with the shoes and work my way up. I pick out what shoes I want to wear for the day and wear an outfit once that fits," she says.

Her shoe collection alone fills racks and racks, wrapping around two walls. She has shoes from Paris, Italy and New York alongside local finds.

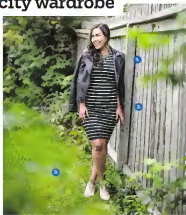
"When I see something in the store, I know I have to have it, and I don't buy it usually and so I get it later," she says. "If I like it, I always try to buy it if I can afford it."

Although she always adds things pieces to her wardrobe, she doesn't let things go to waste.

It might be a long time between wears, but my closet is full because I buy a lot of things for years and years," she says.

Rose says there isn't a strict set of rules for her style. Care-free is key.

"It's basically whatever I feel like wearing," she says. sean@seanphoto.com



This outfit is the type of thing Rose puts on when she is looking to impress.

"I would probably wear this to a gala event, or out to a fancy supper with a group of friends, or out on a date," Rose says.

1. JACKET: Bought in Vancouver. "It's a staple. I'm actually glad it's getting cold so I can wear it."

2. DRESS: "I just picked this up in Chicago last week. It's the first time I'm wearing it. I like the way the stripes complement my curves. It's super fun and super comfortable."

3. SHOES: "These shoes were bought in Manhattan, New York. I bought them because of the neutral colour. They go with absolutely everything. I get complimented on them all the time."

4. NECKLACE: Bought at Mint. "It's by a Regina designer. It goes with absolutely everything. I wear it with T-shirts, blouses, or with a dress. At the time."

When shopping, Rose likes to keep it simple and comfy, and lean toward black as the prevailing colour.

"A casual outfit always includes jeans. Anything I can casually wear with boots. And always comfortable. That's my main thing," she says.

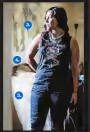
1. BOOTS: Frye boots from Toronto. "I have a small obsession with Frye boots. I feel like (boots) equal out my hips a bit. It's more of a girl thing."

2. Bag: Winners in Toronto, about \$40. "I've actually worn a backpack for a while. They're a bit more trendy right now."

3. NECKLACE: H & M. "I joined two together to make more of a statement necklace."

4. T-SHIRT: H & M, about \$16. "It's such a great fabric. It hangs really nice, and it's black, so you can't go wrong."

5. JEANS: "I got them recently. Black, of course. I like this dress/look. I spend a little bit more money on my jeans, shoes and jackets."



EVENTS

MUSIC

Wed., Sept. 16

Don Williams
TCL Plaza,
35 23rd St. E

Ferry Tamball
Buds on Broadway,
817 Broadway Ave.

**From the Facets w/ Deacaponian and
Hendrix State**
Analog Central,
806 DuPont Ave.

**Henderson, Martini, Foley, Dejan
dine w/ Body Hi and Fobash Gorge**
Vampiro Tavern,
801 Broadway Ave.

Nemo B and Freight Train
Pizzys Pub and Grill,
1041 idylwyld Dr. N

Thurs., Sept. 17

Undercover Private
Crackers Restaurant & Lounge,
1-227 Pineshadow Dr.

Ferry Tamball
Buds on Broadway,
817 Broadway Ave.

16 Minute Doctor
Capital Music Club,
244 First Ave. N

**A Ghost in the Grog, Perverts, Fox Lake
and Cookies w/ With Goodbye**
Vampiro Tavern,
801 Broadway Ave.

Fri., Sept. 18

Nighttrain
Buds on Broadway,
817 Broadway Ave.

Piano Friday: Neil Gurnie
Rocks Seneca Golf Fuentes
The Summit,
204 Fourth Ave. N

Jett Run
Army & Navy Club,
337 First Ave. N

William and the Shirelows



Get started on how much a 3000 album from which to show interest to (R) his
on Wednesday at 300 Place. Photo by GETTY IMAGES

Portland Senior Citizens' Centre,
100 Belmont Ct.

Two Tail Dudes
Mushy Robinson,
3530 Eighth St. E

Former Young
Twin Town Tavern,
3330 Franklin Dr.

Colors and Blueprints
O'Brien Event Centre,
241 Second Ave. S

The Shirelows

Capital Music Club,
244 First Ave. N

**Rocking w/ Machine Gun and
Mostly Wasted**
Vampiro Tavern,
801 Broadway Ave.

Rockin'
Pizzys Pub and Grill,
1041 idylwyld Dr. N

**Legendary Rhythms & Blues
Revue**
Somerset Blue Pub & Grill,
2505 Broadway Ave.

Portland Blues
Sears Place,
105-100 Ruth St. E

Sat., Sept. 19

The Tavern Under One Sky Tour
SaskTel Centre,
3545 Thatcher Ave.

Nighttrain
Buds on Broadway,
817 Broadway Ave.

Jazz Singers Series: Jazz Singer
Port Six Singers featuring The Kiki
Sellefand Quartet
The Summit,
204 Fourth Ave. N

Jett Run
Army & Navy Club,
337 First Ave. N

La on Ours
Down Town Legion,
606 Speedway Cres. W

Justice Der
Mushy Robinson,
3530 Eighth St. E

UFO w/ Pensive Film and Shockfest
Vampiro Tavern,
801 Broadway Ave.

Rockin'
Pizzys Pub and Grill,
1041 idylwyld Dr. N

Legendary Rhythms & Blues Revue
Somerset Blue Pub & Grill,
2505 Broadway Ave.

Portland Blues
Sears Place,
105-100 Ruth St. E

Sun., Sept. 20

Acoustic Jam
Buds on Broadway,
817 Broadway Ave.

**Blues Series: The 24th Street Wel-
ers**
The Summit,
204 Fourth Ave. N

Madelin w/ Dewick, Pingleton and

Audi
Capital Music Club,
244 First Ave. N

Mon., Sept. 21

Maxine John Vaughan
Buds on Broadway,
817 Broadway Ave.

Shen Twig w/ Medium
Vampiro Tavern,
801 Broadway Ave.

Maxine John Kelly
O'Brien Event Centre,
241 Second Ave. S

Tues., Sept. 22

Maxine John Vaughan
Buds on Broadway,
817 Broadway Ave.

Ernest Erle's Pan Fried Blues
Bon Temps Café,
223 Second Ave. S

ART

The Gallery/Art Placement
Until Sept. 17 at 228 Third Ave. S:
Maternity paintings by Debra Rose

Gordon Sinclair's Gallery
Sept. 17, 12 p.m. in Room 190 of the
11 of 11 Murray Building. Artist talk
with Brian Wilson. Artist talk with
George Ubbelohde Sept. 20, 12 p.m.

**Humboldt District Museum and
Gallery**
Until Sept. 18 at 400 Main St., Hum-
boldt: Local Perspective with Michael
Moonshine Gang. Cosmic Face Jazz by
Barbara Givens and Paul Lee Binda and
Storybooks by Burrell Cooky

Art at Solar Gardens 2015
Sept. 19-20, 11 a.m. to 5 p.m., at
Solar Gardens. 15 artists from
a session on Hwy 80. An annual
invitation show featuring artwork
by 20 local and regional artists in
various media. The art show in-
cludes free admission and parking
information and map at solar-gar-
dens.ca

EVENTS

What you need to know to plan your week.
Send events to bridges@thetrapdoorphoenix.com

Collector's Choice Art Gallery

Until Sept. 19 at 5250 First Ave. N.
Mount landscapes and birch trees by Joan Weber, mixed media abstract paintings by Regina Bied and works by gallery artists. High medium portraits and landscapes by Shirley Timpan and selections of hand-scraped by Jean Throssen runs until Oct. 3.

Hess Art Supply

Until Sept. 30 at 1801 Loma Ave.
Artwork by Saskatoon Art Teachers Reception Sept. 15, 2 p.m. to 4 p.m.

The Gallery at Frances Morrison

Central Library
Until Sept. 24 at 211 20th St. E. King of Birds by Cui Anhe

Hand Wave Gallery

Until Sept. 24 at 509 Third Ave. N.
Mechanism, Leaf-Shoot, Tree-Mat, a Thread of Memory exhibition by Doris Cutler

SOVAP Art Gallery

Until Sept. 25 at 253 Third Ave. S.
We Need Craft! 2010: A collaborative project and urban style exhibit.

Eye Gallery

Until Oct. 16 at 632 College Drive N.
Saskatchewan Printmakers Association works. Reception Sept. 26, 4 p.m. to 6 p.m.

Rigger Museum & Gallery

Until Sept. 26 at 933 Third Ave. W.
In Rigger: A Brief History of Agriculture Featuring the Dominion Land Act, photos of homesteaders in times and equipment, and a collection of toy farm equipment.

Design Gallery

Until Sept. 25 at 245 Third Ave. S.
Backyard Repeat by Kathleen Slovic

Graham Arts Collective Home

Until Sept. 26 at 212 20th St. W.
Variations, works by Det Levee: An illuminated sculpture display will be installed at Sept. 26, the night of Nuit Blanche

Gallery on Third, Wetmore

Until Sept. 25 at 102 Third Ave. E.
Wetmore: Into the Wild, a group show of local and area artists.

Handmade House Showcase

Until Sept. 26 at 110 Broadway Ave.
Paintings and wooden bowls by David Fogarty

Station Arts Centre, Wetmore

Until Sept. 26 at 701 Broadway Ave.
Newcomers: Celebrating Local Photographers. Photographers will be in attendance Sept. 26, during Culture Days

Urban Canvas X3

Started in September, Monday to Friday, 10 a.m. to 5:30 p.m. Hosted by SCUM gallery, a 29-week employment readiness art program for youth ages 15-30 who have artistic talent and face multiple barriers to employment. Providing training and life skills, personal development coaching, empowerment and employment readiness training. To apply call 306-652-7700 or email soveini@urbancanvas.com.

Art in the Centre

Through September at Parklands Centre, 110 Gropper Cms. Mixed media by the art group Watermarks & Friends

Gallery on the Green

Until Oct. 1 at Market Mall, 2325 Preston Ave. Gallery Treasures, a Sask'ville group exhibition

Revel Arts

Until Oct. 17 at 424 26th St. W.
Goddess Girls, a video installation by Lisa Rike: Twelve Celtic goddesses, each embodying different character types, enter landscapes representing the months of the year. Opening reception Sept. 18, 8 p.m.

A Fleety Gallery

Until Oct. 17 at 813 Broadway Ave.
Contemporary Jewellery by Melydy Armstrong

Market Mall Playland Art Gallery

Until Oct. 31 at Market Mall, 2325 Preston Ave. Playing with Picasso Prints, original prints from the Picasso banner project, in partnership with the Museum Modern Art Gallery of Saskatoon, Saskatchewan

Gallery on the Bridges

Until Nov. 30 at Saskatoon City Hospital. Video works by Patricia L. Clarke



On the Last Day by Doris Cutler is on display at Hand Wave Gallery

Western Development Museum

Until Oct. 6 at 2410 Lorne Ave.
Canada Day, from the Canadian Museum of Immigration at Pier 21 Explore immigrants' diverse personal Day 1 experiences, from Confederation to present day

Urban Arts Museum of Canada

Until Jan. 31 at 510 Spadina Cms. E.
Down Home, a journey through rural Saskatchewan, by hydrographic artist Don DeKay

4 FAMILY**Shop It Good**

Wednesdays, 9:30 a.m. to 10:30 a.m., meet in front of Customer Service at Lawson Heights Mall. Classes consist of power-walking, body-sculpting moves using exercise tubing and a socializing for parents and babies. Preceptor at nurseriesandbooks-

fitness.com. No classes or chat holidays

LLLC Saskatoon Daytime Salon Meeting

Third Wednesday of the month, September to December, 9:30 a.m. at Inner Sanctum Anglican Church, 809 Dufferin Ave. September topic is the advantages of breastfeeding to mother and baby. For all women in breastfeeding, midwife-led, first-time healthy snacks are welcome but not necessary. Information at lisaakubon@gmail.com, 306-535-4895

Starkid and Strides

Wednesdays, 1 p.m. at Centre Cinema in The Centre. Choice of two movies each week. A baby-friendly environment with lowered volume, dimmed lighting, a changing table and stroller parking in select theatres.

Funky Artworks to Roll Art Classes

Roll classes for kids of all ages. Learn to Heart Art, Funky Appointments, Jojo's in Art & I and Home is Where the Art is. Information at funkyartworks@gmail.com or on Facebook.

G's Climax and Play

Daily, 10 a.m. to 6 p.m., in Bay 4 of 819 South Highway 28, W. in Westman. Saskatoon's newest indoor playground. For children up to age 12. Visit climaxandplay.com or their Facebook page

Fun Factory Indoor Playground

Daily at 10330 Quebec Ave. Asplen. Indoor playground for young children. Adults and children under one year are free. There is a separate fenced-in area for children under two.

Children's Play Centre

Daily at Lawson Heights Mall & Fun, safe, environment for preschool children to play. Children must wear socks in the play area. Please note this is an unattended play area, and adults must stay with and supervise children at all times.

Market Mall Children's Play Centre

Daily just off the food court at Market Mall. This play area is free and has different level play areas. Children must wear socks in the play area.

Parent and Toddler Yoga

Thursdays, 9:30 a.m. to 10:15 a.m., and/or Saturdays, 10:30 a.m. to 11:15 a.m., at Hope House, 2-115 Third Ave. S. Classes are held in the art studio for parents and their toddlers ages one to five. Introduce your toddler to the world of yoga. Classes include postures, poses, meditation, movement, play and song. Classes are free weekly. Register at freedomsoverthetopofyoga@gmail.com, 306-381-8253

Breastfeeding Cafe

Thursdays, 10 a.m. to 11:30 a.m., at Saskatoon's primary Health Centre, 3311 Markham St. A baby-friendly group for breastfeeding mothers. Sessions will be facilitated by a lactation consultant with a one-to-one lactation consultation and a time for interaction with the other mothers.

EVENTS

What you need to know to plan your week.
Send events to bridges@thephoenix.com

Courtesy Peoria Marketplace Book Exchange

Saturdays, 11 a.m. to 3:30 p.m., at Confederation Mall across from Urban Planet. Contact lunch event Saturday until the harvest is over. They will be at the mall books on Thursday and Saturday, 10 a.m. to 4 p.m.

Saskatoon Outdoors Association Meetings

They meet the third Saturday of the month, 10:30 a.m. May to September at the Lap O'Brien on the Exhibition grounds, and October to April at the Millenades, 1301 Eighth St. E. New members are welcome. Information about the social group at 306-382-4915, 306-373-1861

YCE Street Food Fest

Sept. 19, 11:30 a.m. to 9:30 p.m., along Spadina Crescent. A street food and music festival. With more than 20 food trucks. Information at peoriafood.com.

Points West #16

Sept. 19, 2 p.m., at Auto Clearing Motor Speedway, Lusk Road, Spentwood. Street stock motor race. Divisions competing are SLAM, mini, sportman and street. Tickets at the gate.

10th Annual Saskatchewan Gourmet

Sept. 19, 6 p.m. at Mandeville at the U of S, 51 Gempess Road. Hosted by the Saskatchewan Environment and Forestry, a showcase of local food and talent. With locally produced and prepared food, musical performances, silent art auctions. Tickets at 306-565-7616, info@peoria.com, antioxiety.ca or antioxiety@antioxiety.ca.

Works in Progress New Dance Series

Sept. 19, 8 p.m., at First Floor Dance Centre, 224 28th St. W. Featuring works by Jessie Lefebvre and First Floor Dance. Evolve! Boutique and Maja Lovendyck with Lisa. Tickets at the door.

Dark Skies at the Green

Sept. 19, 9 p.m. to 1:30 a.m., at Sevier Creek. Celebrate International Obscure the Moon night with the Royal Astronomical Society. Learn about the night sky, view it through



Saskatoon author Arthur Slade reads from one of his books during a previous Meet On The Street Festival. This year's festival begins Sept. 20. Photo by Scott Watson

telescopes and learn about bats and nocturnal wildlife. Information at 306-276-2424.

Turner Dal Sol Pumpkin Festival

Sept. 19-20 and Sept. 26-27, 10 a.m. to 5 p.m., at Turner Dal Sol Farm down valley road. Pumpkin picking and carving, horse-drawn wagon rides, pumpkin-pie, bake house and games, games, workshops and fall decor for sale. Admission at the gate. Information at turnerdal.solpumpkinfestival.com.

Saskatoon Comic and Entertainment Expo

Sept. 19-20 at Peoriaford Park. Sept. 19, 12 p.m. to 4:30 p.m.; Sept. 20, 10 a.m. to 4:30 p.m., at the Melvin Hill Valley Centre, 403 Third Ave. S. Presented in partnership with the Remel Hillside Art Gallery of Saskatchewan and Friday City Art. Jay White hosts an all-ages event. That's how methods of respectability

Geddes, Michelle Forbes, Nathan Deluca, Charles Martindale, Gill Savane and Cary Reed. Tickets and information at saskatoon.com.

Seven Acres Game Week

Sept. 19-20, 10 a.m. to 4:30 p.m., at the Melvin Hill Valley Centre, 403 Third Ave. S. Presented in partnership with the Remel Hillside Art Gallery of Saskatchewan and Friday City Art. Jay White hosts an all-ages event. That's how methods of respectability

Visiting Artist Jay White

Sept. 20, 3 p.m. to 4:30 p.m., at the Melvin Hill Valley Centre, 403 Third Ave. S. Presented in partnership with the Remel Hillside Art Gallery of Saskatchewan and Friday City Art. Jay White hosts an all-ages event. That's how methods of respectability

making art alongside other artists. Information at 306-565-7616.

Fifth Annual Word on the Street Festival

Sept. 20, 10:30 a.m. to 3 p.m., at Civic Square, 400 City Hall at Francis W. Smith in Central Library. A national book and magazine festival celebrating literacy for all ages. More than 45 Canadian authors reading from their latest books, including headliner C.D. Lewis. Tickets and information at www.wordonstreet.ca/wordonstreet.

Artistic Spectacular

Sept. 20, 12:30 p.m. to 5 p.m., at TCU Place. Hosted by 20th Media. Agency featuring a selection of local wedding professionals and editorial fashion show. Tickets at peoria.com or at the door.

Peel Carlin Party and Membership Registration

Sept. 20, 2 p.m. to 3:30 p.m., at the W. Edwards Family Centre, 333 Fourth Ave. N. Hosted by The University of Saskatchewan Women. Learn more about the social activities of the association of present and former women faculty and faculty spouses. New members are welcome.

Saskatoon Skills Lab Series

Sept. 22, 7 p.m., at SaskMuseum, 202-226 20th St. W. Focus on developing the fundamental skills artists and music professionals need to build their careers. Writing a killer bio and One Sheet with Craig Silphant. Learn to turn yourself and your resume in 300 words or less. Information and registration at 800-347-0575, info@saskmusic.ca. Participants must pre-register.

ICCC Movie Night! Nosed Carnival

Sept. 22, 7 p.m., at Broadway Theatre. Presented by ICC and Broadway Theatre. A bank woman from China named Winnie tries to turn a table to a game to get sex. Reimagined. A discussion led by Marlene Wilder-Campbell will follow the film. Admission at the door.

Off-Broadway Performers' Market,

International Market, and first to Tuesday, 11 a.m. to 6 p.m., in the basement of Grace Westminster United Church, 305 10th St. E. Offering a variety of officially produced food, clothing and accessories from India, Pakistan, Bangladesh, and Sri Lanka. New vendors welcome. Call 306-565-2940 or email pewell@henson@henson.ca.

Book Signing at McNally

Regular book signing at McNally Robinson, 2130 Eighth St. E. For schedule and information visit mcrb.ca or mcrb.ca.

English for Employment Class

Hosted by the Saskatoon Open Door Society. Improve English pronunciation and communication, and learn what you need to find work in Saskatoon. Information and registration at 306-250-4338, 306-653-4464, 306-250-4338, open.doors.sk.ca, jane@skdo.ca.

#TeachUs

Ways and Means and Media and Media.

Sept. 19, 10 a.m. at the Pennington Theatre. Famous film star Melina returns home to her dependent sisters with an ultimatum and a man, setting off a weekend of lust, love, regret and rivalry. Tickets at 306-382-7727, penningtheatre.org.

Harvard

Sept. 19-20 and Sept. 22-27 at the Theatre. Performed by Saskatoon Shakespeare. Liza Rich's witty comedy. Theatrical to divide the house of Ireland and drag her people into a 100-year civil war. Tickets at 306-653-7727, theatre.sk.ca.

Gala Night: The Musical

Sept. 19, 7:30 p.m., at TCU Place. Five girlfriends go from heartbreak to happiness during a wild night of love. They reminisce about their younger days, celebrate their current lives and look to the future while singing an array of classic anthems. Tickets at 306-913-7770, tickets.sk.ca.

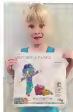
Send bridges to this community calendar of events. Listings will appear in future issues. Submit to bridges@thephoenix.com or by fax to 306-462-1111.

OUTSIDE THE LINES

Colouring contest

Each week, Stephanie McKay creates a timely illustration meant to please kids of all ages.

Children can colour the page, have a picture taken with the finished product and email it to tridgata@chessandspade.com. One winner will be chosen each week.



Last week's contest winner is Audrey Halter. Thanks to everyone who submitted entries.



**"I support the Y because
I believe in quality child care"**

YWCA Saskatoon is working every day
to improve the well-being of women, girls and families.

Find out how you can help at www.ywcaskatoon.com (306)244-7034 ext 122



YWCA
SASKATOON

ON THE SCENE

BROADWAY STREET FAIR

The Broadway Business Improvement District presented its annual Broadway Street Fair on Saturday. The event included street performances, vendors, artists, musicians and dancers, attracting spectators and shoppers alike.

BRIDGES PHOTOS
BY LAM RICHARDS



1. Kevin the Clown entertains at the Broadway Street Fair.

2. Amanda Smith and Jason Koff.

3. Dana Roy and Michelle Clinebaugh.

4. Jeff Burkert and Leaton Douc.

5. The Alpha Kids give a breakdancing demonstration.

6. Mezan Clinebaugh, Celeste Clinebaugh and Julie Looney.

7. Jonelle Kaop and Heather Acker.

8. Adeline Goben scolds a bear of George Clooney.

9. Joel Haulbrech dog Noid and Cassely McCormick.

10. Kids enjoy the water slide.

11. Classic cars were on display at the Broadway Street Fair.



ON THE SCENE

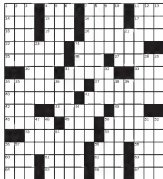


#CROSSWORD

NEW YORK TIMES Edited by Will Shortz

ACROSS

- 1 Word after which a parent might interrupt a child
- 4 Peter Parker's aunt in "Spider-Man"
- 7 Direction
- 9 Grumpy abode
- 14 Civil game call
- 15 "Balls ____ rules"
- 16 "Not bad!"
- 17 Before a party
- 18 Turn-of-the-century music
- 19 Vagabond with "the"
- 20 Southwestern
- 23 Unpleasant atmosphere
- 24 Levers in a harp
- 25 Subject changing word
- 28 Letters on a special sign
- 29 Character's work
- 30 "Curly of 'The Rocky Horror Picture Show'"
- 31 The "Mistral" (producer of Warren Buffett)
- 32 City whose residents partly go to Sweden
- 33 Adjective for harsh Roman leader Aem. J. Augustus
- 37 India
- 40 Day longer than 48
- 41 Points of entry
- 42 Small red, juicy fruit
- 43 Do there for
- 44 Loud contents
- 46 View from
- 48 "____ bit"
- 50 Something put under one's nose, usually
- 51 Not much
- 52 "____ state"
- 53 "____ who knows is a disease"
- 54 Big mouth
- 55 "____ of the American life"
- 56 Have a well
- 57 City of pop
- 58 Polymath
- 62 9 Acres Redwood
- 63 Roman emperor of 19th
- 64 Classical story?



- 85 Match-making
- 86 Encouraging word
- 87 28 in above

DOWN

- 1 "The bridge on the river that locals
- 2 "We hope some a ballerina" said
- 3 "Same difference"
- 4 Musical that excludes the song "Take a Chance on Me"
- 5 Parody
- 6 Encouraging word
- 7 19th-century Midwest city
- 8 "That was just"
- 9 "____ pit stops on the road"
- 10 Organ with the 1961 album "Beauty and the Beast"
- 11 Activity on Lick or
- 12 Start for cycle
- 13 Walker 2011 unit
- 14 Frequently
- 15 Radius of a circle over its center
- 16 Redcoats
- 18 Apple's "____ Touch"
- 19 Same scores in
- 21 "____ homecoming and home"
- 22 Day out
- 23 Set 28 Down
- 24 Many with pat
- 26 "Spoken the best"
- 28 "Why?" "They went" in wilderness
- 29 "____ power"
- 30 Japanese game
- 31 Actor Sam
- 32 Quest-Mastering
- 34 Smallest cat
- 35 "Heads All ____" (and)
- 36 Suburban encircled by Kansas
- 37 W. W. 19th
- 38 Scale direction
- 39 "Waver"
- 40 "Hotshot"
- 41 Circle around

PHOTO BY TOM BRONK

JANRIC CLASSIC SUDOKU

Level: Gold

Fill in the blank cells with numbers 1 to 9. Each number can appear only once in each row, column and 3x3 block. Use logic and process of elimination to solve the puzzle.

The difficulty level ranges from Silver to Gold (Puzzle 1).



Solution to the crossword puzzle and the Sudoku can be found on Page 19.

GARDENING

GARDENING IN SASKATCHEWAN

Planning for spring? Plant a bulb today

By Eri Svendsen

It's hard to believe — fall is nigh and it's time to start planning for spring. In talking about planting bulbs, it's truly as set of faith when you can put a somewhat dried-up bulb in the ground in the fall, watch the leaves on the stems drop and then expect flowers to develop in the spring from seemingly nothing.

There are hundreds of different species and cultivars of bulbs and bulb-like plants available in Prairie gardeners. More than just bearing red or yellow, there are tulips with fringed edges, with splashes of green, daisies, multi-colour, striped, bell, dwarf, curly spring, late spring, and more. Beyond tulips, there are ornamental onions (Allium), squill, striped squill, grape hyacinth, snowdrops, some fritillary species (but not crown imperial fritillary), iris and more. Study crows, succulents and delphiniums are not relaxing hardy and biennial and perennials are definitely not.

Buy cuttings, bulbs — particularly tulips, delphiniums and lilies — are graded and priced according to size and so expect to pay more for pre-selected bulbs. Purchase the largest specimen that you can afford. Large bulbs mean vigorous plants with large flowers. Avoid damaged, mouldy or soft bulbs.

Plant your bulbs as soon as purchased in a sunny, well-drained location. Soil cover is important to reduce the damaging effects of winter. Planting depth varies regardless of species or cultivar; bulbs should be planted at least three times deeper than they are tall. For example, if the bulb is 3 cm



Dry and dormant new tulip bulbs are laid out previously for spring sprouting. PHOTO COURTESY SASKATCHEWAN GARDEN SOCIETY

tall, make the hole about 15 cm deep. Plant slightly deeper in sandy soil. Initially dig the hole 5.0 cm deeper than required. Add some bonemeal, bloodmeal or 15-15-15 to the amended soil and put some of the soil back to make it the proper depth. Place the bulb, pointed end up, in the bottom of the hole. Cover with the remaining amended soil.

Plant bulbs in clumps of 3 or more for a natural effect and to maximize the visual impact of a massed planting. You can also plant cuttings such as tulips together with ornamental onions or lilies, extending the blooming period of your patch and to add interest. Plant the largest bulbs at their proper depth, cover with soil and plant the next largest at a shallower level (6-8 plant sizes at 25 cm and tulips at 15 cm).

Small species and cultivars (squill, grape hyacinth, snail's head fritillary and Tulipa verta) should be planted near the edge of your border or near a path where they can be seen. Larger species such as tulips, lilies and ornamental onions can be planted further back to be admired from a distance. Some small species like Squill or Tulipa lutea can be planted under low growing perennials. The summer gives them extra protection over the winter. After they die down, the ground isn't bare so you don't have to worry about disturbing them during the summer by planting something else in the space.

One version of a Chinese proverb is: "When you have only five pennies left in the world, buy a half of bread with one, and a half with the



A row of tulips and other bulbs and plants in bloom in the spring garden. PHOTO COURTESY SASKATCHEWAN GARDEN SOCIETY

other." I say three actions to avoid and spend both pennies on tulips! Besides, you can always cut costs.

This column is provided courtesy of the Saskatchewan

Garden Society (SKGSS) www.saskgarden.org or info@saskgarden.org. Check out our Bulletin Board or Calendar for upcoming garden education sessions, workshops

and more. Sept. 28, Labour Day, 10 a.m. to 4 p.m. at the Saskatoon Community Centre. Sept. 28, 10 a.m. to 4 p.m. at the Saskatoon Community Centre. Sept. 28, 10 a.m. to 4 p.m. at the Saskatoon Community Centre. Sept. 28, 10 a.m. to 4 p.m. at the Saskatoon Community Centre.

WINE WORLD

WINE FOR UNDER \$20

A wine for the family dinner table

By James Romanow

I've been shopping the "best under \$20" and "best overall \$20" lists lately and noticed something remarkable: There are no American products on the lists (and if you're shopping in Canada there won't be at least till the 100th anniversary, maybe 15 years from now). Mostly the wines come from Spain and Italy.

If you really want a wine that will complement whatever you have planned for dinner, you need to buy a Valpolicella. And if you know something about wine, try Possessione Rosso, a wine from the estate, which is to say the possession of Carlo Allegretti (aka the Duke of Allegretti and Paredon House).

It's no accident. Duke was comfortable around Verano. The casual bottle of regular working folk understood his mocking of pappas and duchesses (Circle 8 at H&M). Their lack of pretensions is reflected in their light, fruity, dry red wine that just works with food.

Possessione is a bit different, adding a touch of seriousness to the mix of cornices and mainstays for a little more structure and ferocity. Well, Duke's kids did and up in counts, and possibly don't hang out with artists, writers and other well-off, well-meaning.

A bright cherry colour takes you into a head, just that a loaded with blueberry blackberry



and plum. The palate is lean and very, very long. This is a great wine, something you enjoy with steaks and mushrooms, pasta and sauce. I found this at Corgi but if you get the other private stores will either carry it or bring it in for you. If ever there was a wine for a Friday family dinner, this is it.

Must Possessione Rosso del Verano \$18.95

Here for authors on Monday and a while for fall here next Wednesday. More on twitter @drboc.

Crossword/Sudoku answers

UP	W	Y	T	M	C	S	T	E	R
U	N	O	A	R	E	O	N	N	O
R	M	M	R	S	P	A	N	C	O
M	A	S	M	A	J	E	T	S	O
A	N	Y	A	A	K	A	S	T	R
T	I	M	O	M	A	H	A	E	P
G	L	O	R	I	O	S	O	P	T
O	U	T	L	A	S	T	O	H	O
L	A	O	A	W	A	I	T	A	L
F	U	M	O	I	L	L	S	T	A
A	L	I	T	T	L	S	T	A	R
M	A	H	I	M	A	H	I	M	A
A	C	T	E	R	I	E	R	A	O
N	E	O	S	E	T	S	T	R	Y

5	2	3	7	6	4	8	1	9
1	4	9	5	2	8	3	6	7
6	8	7	9	1	3	2	4	5
8	5	1	2	3	7	4	9	6
7	6	2	4	5	9	1	8	3
3	9	4	6	8	1	7	5	2
2	1	8	3	9	5	6	7	4
4	3	5	8	7	6	9	2	1
9	7	6	1	4	2	5	3	8

Please Stand By...

We're working to serve you better.

SPL is modernizing existing branches, bringing a brand new location to Stonebridge and enhancing your online experience.

We're moving to a new computer system from September 17 at 9 p.m. – September 25.

Stay up to date on improvements and related service interruptions on the new, mobile-friendly and more accessible saskatoonlibrary.ca.

All SPL locations will be closed September 23.

Regular hours resume September 24, with the exception of Carlyle King Branch, which will remain closed through October 4, due to renovations.



**SASKATOON
PUBLIC
LIBRARY**

ASK ELLIE

Affair brings couple closer together in the end

Q: I'm a man whose wife had an affair. For me, it didn't matter that she did it through a dating site.

We went to marriage counselling, she visited her "loves"—which was that I was very distant at the time due to dealing with a dying parent. It was true. And I forgive her.

I'm grateful that it was not a live affair with a co-worker or someone I knew, which then would've been harder for both of us to get past.

I told her that I loved her and wanted to still be with her into old age, and she cried and said she wanted the same. We've been great ever since.

Made It Through

A: You took some of the steps that are absolutely necessary when trying to get past a spouse's affair. Most important, you acknowledged that there were reasons why she cheated elsewhere.

You asked the best of: having can triumph—over the worst of—into her finding clarity in the relationship.

And you did this in the presence of a professional counsellor who could help you both process the heart, disappointment, and tentative hopes you both felt.

Then you opened your heart to a new beginning for your marriage, as did your wife. And it's worked.

Q: I'm having trouble dealing with the way I think about my girlfriend's son. We've been living together for four years—first as roommates, so we each have our own rooms.

I got annoyed over seeing little things happening to her son.

I got a letter two days ago, and he has his car out. We keep seeing in my room at night since he's out there tonight and we don't want him to leave alone.

My girlfriend sent me a text saying she told her son to sleep in my room so that my car wouldn't be alone. I'm actually become annoyed and slightly angered. But I responded with OK. I'm annoyed that he's sleeping in

Ask Ellie



the only place in the house that we share. He wouldn't want us sleeping in his room either. I felt invaded.

I sometimes also become annoyed when he asks me to take him to school, or take him to work when I'm not in the mood.

I realize that I'm being selfish. We're trying to deal with his behavior, which makes me cringe. He's a hard doesn't listen, and doesn't try quietly.

His greedy disrespectful and thinks the world revolves around him. He's a control freak.

When I got annoyed I try to think of positive things about him because

I don't want to hate him. I actually care about him, and love him.

We share, time, caring, and friendship. So how can I deal with this behavior, or what can I do? I feel like his behavior sometimes doesn't define who he really is.

Confusion 4

A: The problem lies in your relationship with his mother, not the son.

You seem to lack an equal voice near her son in your room; you should see him as your room, you should see him as

as if you just wanted her to look after the house, instead of just suggesting it.

Meanwhile, all three of you have to discuss your situation as a couple and as a family.

You, a teenager needs to be understood as much, but with some boundaries. And you and your partner need to be clear about your role as... what? Stepmother? Housewife to both of them? Whatever it is, you

place there has to be understood and respected, too.

Q: A friend and I regularly walk together. Recently I asked her if an other friend might like to join us.

She eventually responded that the other lady really dislikes me. I was offended.

I never feel conflicted about our friendship, wondering how she can spend time with someone who she dislikes me that much.

I want to distance myself from my friend now. I'm not sure if my reaction is warranted.

Feeling Betrayed

A: To stay friends, you'll need to know more. How long has she known about this attitude towards you? Why does her other friend feel such strong dislike? Why hasn't she told you before that?

The answers if forthcoming will either clear the air or leave you more sure if it's time to let this toxic poison.

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